

# Invitation

## Training course: How to apply the Istanbul Protocol in Switzerland

The **Manual on the Effective Investigation and Documentation of Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment**, commonly known as the **Istanbul Protocol**, is the first set of international guidelines for documenting torture and its consequences.

The Istanbul Protocol is intended to serve as a set of international guidelines for assessing alleged victims of torture and ill-treatment, investigating cases of alleged torture, and reporting such findings to the judiciary and any other investigative body.

Following on from the three-day foundation course held in St Gallen in autumn 2018, this course specifically instructs **psychiatrists, psychologists and psychotherapists** in Switzerland how to conduct the **psychological/psychiatric assessment** of the Istanbul Protocol. It will be facilitated by experts from Switzerland and Sweden.

The course is organized by the Swiss Red Cross Outpatient Clinic for Victims of Torture and War in Bern and supported by the national Support for Torture Victims Network.

<b>Date</b>	Wednesday, 4 December 2019
<b>Venue</b>	Swiss Red Cross, Rainmattstrasse 10, 3011 Bern
<b>Instructors</b>	<ol style="list-style-type: none"><li>1. Caroline Schlar, FSP psychologist and psychotherapist, coordinator and contributor to the Istanbul Protocol, specialist in the treatment of victims of torture and war</li><li>2. Niklas Möller, psychologist and head of the Swedish Red Cross treatment centre in Uppsala</li><li>3. Denise Graf, legal advisor, expert in asylum rights</li></ol>
<b>Fee per participant</b>	CHF 350.– including training materials, lunch and coffee breaks
<b>Language</b>	English
<b>Target audience</b>	Psychiatrists, psychologists and psychotherapists who are interested in applying the Istanbul Protocol



support  
for  
torture  
victims

**Swiss Red Cross**  
Outpatient Clinic for Victims  
of Torture and War



# Agenda

<b>08:30</b>	Welcome and introduction	Manuela Ernst, chair of Support for torture victims network
<b>08:40</b>	Istanbul Protocol: Experience from Switzerland	Caroline Schlar and Denise Graf
<b>09:10</b>	Istanbul Protocol: Experience from Sweden	Niklas Möller
<b>09:40 – 10:00</b>	<b>Coffee break</b>	
<b>10:00</b>	Writing the report I: Best practices and challenges	Caroline Schlar and Niklas Möller
<b>12:30 – 13:30</b>	<b>Lunch break</b>	
<b>13:30</b>	Writing the report II: Best practices and challenges	Caroline Schlar, Niklas Möller, Denise Graf
<b>14:30</b>	Practical group work	Caroline Schlar and Niklas Möller
<b>15:30 – 15:45</b>	<b>Coffee break</b>	
<b>15:45</b>	Discussion of group work	Caroline Schlar, Niklas Möller, Denise Graf
<b>16:30</b>	Wrap up, conclusion and evaluation	Caroline Schlar and Niklas Möller
<b>17:00</b>	<b>End</b>	

**Registration:** Please register by **28 October 2019** at [gi.ambulatorium@redcross.ch](mailto:gi.ambulatorium@redcross.ch) (limited places available)

**Accreditation:** FSP 8 credits, SGPP 6 credits

**Additional information:** Please contact [caroline.schlar@gmail.com](mailto:caroline.schlar@gmail.com) or [carla.benedetti@redcross.ch](mailto:carla.benedetti@redcross.ch)